



## **PRO SKILLS BASKETBALL (PSB) CLUB TEAMS OVERVIEW**

### **Mission:**

To prepare players for the next level of their basketball careers, whether that be elementary, middle, high school, or college while simultaneously teaching them life lessons through competitive basketball.

### **Life Lessons (F.O.C.U.S.):**

- **Fun**
  - This is first for a reason! Basketball is a GAME. It is meant to fun. Often times competitive youth basketball can suck the fun out of the game whether due to pressure, parents, coaches, etc. Our goal is to always make sure that the game remains fun. This is not to say that there won't be some "tough" times (see the "O" below), but overall, playing youth basketball should be fun!
- **Overcome**
  - The ability to overcome obstacles and not give up when a challenge presents itself is an extremely difficult trait to master. In youth basketball, obstacles arise in different forms like a simple turnover or missed shot, losing, bad refs, lack of playing time, etc. We teach our players to focus on the things they can control, like their attitude and effort, instead of focusing on the obstacles they cannot.
- **Compete**
  - Learning to compete and work/fight for what you want, instead of expecting to be given it, is a major challenge facing youth today. Our players must be tough and aggressive in order to earn playing time and win games. For an outstanding, short overview of toughness and competing on the basketball court, please refer to Jay Bilas' "Toughness" [article](#).
- **Unity**
  - A two-pronged value, including coachability and teamwork, unity goes a long on the court and off. Coachability means players must learn how to take correction from the coach as well as remain humble after praise. Teamwork means working with others to achieve a common goal. Players must learn to work well with all of their teammates as well as accept and do the best they can in their team roles in order to win games.
- **Sacrifice**
  - The good old-fashioned value of hard work can never be underestimated. Rarely do good things come without a lot of hard work, and hard work requires sacrifice.

Players must learn that in order to achieve their goals and dreams, they will be required to make short-term sacrifices for long-term success.

### **Who/What We Are NOT:**

We are NOT a cut-throat, win-at-all-costs club. We are not interested in traveling the US trying to win national championships in elementary and middle school. We do not try to recruit the best kids in the state, roll the ball out, and say “ok, now just go play”. We do not and will not sacrifice our values and beliefs for any one player, parent, coach or even team.

On the other end of the spectrum, we are NOT a recreational, everybody-plays-equal-and-gets-a-trophy, “daddy ball” club. We give all players a chance to play in games and perform, but we play to compete and win. The players that the coach feels gives the team the best chance to do that will play more than the others.

If there is some sort of mid-point between these two opposing spectrums, that is where we try to be and that is who we are.

### **Cost:**

We recognize that competitive basketball is an investment in your child’s development. Each year, PSB-trained players graduate to play for collegiate programs. We are the best at what we do and have chosen to do this for a living, so no decision, including player fees, is taken lightly and without much consideration.

- General
  - What Membership Includes:
    - Coaches - we hire the best coaches around
    - Practices - intense, well-run training every week
    - Games - quality tournaments
    - Communication - clear, open channels with quick response
    - Recruiting Service (for HS division only)
    - Positive Atmosphere - family friendly coaches and directors
    - 20% Off PSB Programs - includes camps, clinics, etc.
    - Other (updated website, PSB insurance, etc.)
  - What Membership Does Not Include:
    - Winning
    - Playing time
    - Uniform Package - Under Armour unis & team gear
    - Travel/lodging (if applicable)
- Specific
  - Elementary School (3rd-5th grade)
    - \$185/month or \$925 total

- 5 months: March-July
  - 6-7 local tournaments from March-June
  - 2 hours of practice/week from March-June
  - 1 PSB summer camp in June, July or August
- Middle School (6th-8th grade)
  - \$205/month or \$1,025 total
  - 5 months: March-July
  - 7-8 tournaments with “Nationals” option to finish
  - 3 hours of practice/week
- High School (9th-11th grade)
  - \$220/month or \$1,100 total
  - 5 months: March-July (2-3 weeks “off” end of June for HS bball)
  - Recruiting service & help
  - 7-8 tournaments
    - Includes **all** NCAA “live” period tourneys unless designated as “local” team
- Financial Aid
  - Financial aid is available through our 501c3 non-profit
  - Based off the “free/reduced price” school lunch program
  - **Must apply BEFORE teams are made**
    - Need official letter from school & completed PSB financial aid application
    - Go to the PSB Select Charlotte teams page on our [website](#) for more information & to apply

### **Policies:**

Please make sure you have read through our “Club Policies & Procedures Handbook” as it contains ALL information you need to know before, during, and after tryouts. You can find it on our website [here](#).

### **Overall Vision:**

To change the win-at-all-costs, negative youth basketball environment to a healthier, more positive environment through a focus on teaching, coaching, and learning important life lessons that will help off the court long term.